



CoachNet Global LLC
702 Coaching For Change
Current as of September 2020

702 Coaching For Change Syllabus



Course Expectations and Requirements:

This syllabus describes educational expectations for completing 702 Coaching For Change as a part of the PCC Pathway. If you have questions, please contact Amy Glazer (amy@coachnet.org/330.936.3768).

Basic Information:

- 702 Coaching For Change
- Online

Number of Coach Specific Training Hours:

- 4 x 60 minute class sessions (online) of 2 x 120 minute Turbo sessions.
- CoachNet uses a system called Zoom Meeting for our online training. You can access it through the Zoom Meeting app, or through your browser. You can acquire the link through www.coachnet.org under My Courses.
- One writing assignment (submitted for review by instructor).
- 4 coach-specific training hours

Instructor's Name:

John Mocko, PCC
John.w.mocko@gmail.com
336.596.4517

Contacting the CoachNet Team:

Amy Glazer, PCC
Student Connection Team Lead
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330.936.3768

Website Description:

One of the core understandings CoachNet teaches is that "If your client isn't changing, you're not coaching." Change is the ultimate barometer of coaching effectiveness.

In this four course, you'll develop the listening and question asking skills that challenge your clients to hone in on what they really want. You'll build on the moment where the client names their deepest desires. You'll then learn to apply your coaching presence so your client develops specific plans to pursue what they really want.

This course focuses on the following ICF Core Coaching Competencies:

- #3 Establishes and Maintains Agreements
- #5 Maintains Presence
- #7 Evokes Awareness
- #8 Facilitates Client Growth

Course Objectives:

The objectives for this course are:

- Coach & client proactively identify opportunities for change.
- Effective coaches will structure the conversation so that the client chooses the change
- Coaches will help their clients choose the ideal change and make plans to achieve it.
- Coaches will learn strategies for measuring change in their coaching relationships.
- Coaches will apply a theory for change management and develop coaching approaches that fit this theory.

Required Student Resources:

To successfully complete 702 Coaching For Change you will need:

- A reliable internet connection
- A reliable telephone
- A copy of the 702 Coaching For Change Participant's Sessions Guide
- An email address
- Word processing software to submit final assignments in Microsoft Word format

Course Schedule/Outline/Calendar of Events:

702 Coaching For Change follows one of two formats: online for 4 - 60 minute sessions, online for two 2 hour sessions. Both formats include follow up assignments.

702 Coaching For Change begins online 2-3 times per year on average.

Course Outline:

Session	Class Focus	Follow Up Assignment
1	Listening for Change	
2	Questioning for Change	
3	Plans & Actions for Change	
4	Adapting Your Coaching Presence for Change	Journal Assignment (15-45 Minutes)

All assignments must be submitted to the Instructor within 30 days of the final class.

Criteria for Grading:

702 Coaching For Change is conducted on a pass/fail basis. You will pass 702 Coaching For Change if:

- You attend the required 75% of live course sessions and participate in class discussions
- You listen to the recordings of missed session
- You submit your writing assignments demonstrating comprehension and application of the material

Suggested Bibliography:

Reitz, Jonathan. Coaching Hacks. Cleveland, OH CoachNet Global LLC. 2017

Ogne, Steven L. & Roehl, Tim. Transformissional Coaching: Empowering Leaders in a Changing Ministry World. Nashville, TN B&H Publishing Group. 2008.

Reitz, Jonathan. A Theology of Coaching. Cleveland, OH CoachNet Global LLC. 2014

Whitmore, John. Coaching for Performance. Hoboken, NJ Pfeiffer & Company. 1992.

Whitworth, Laura; Kimsey-House, Henry; and Sandahl, Phil. Co-Active Coaching. Boston, MA. Nicholas Brealey Publishing, 3rd Edition 2011.

First Taught:

- January 2017

Syllabi on Learning Platform:

- The downloadable syllabi presented on www.coachnet.org shall contain the date of last update.