



Integrated Coach Training  
CoachNet Global LLC  
600 Lab  
Current as of September 2020

# 600 Advanced Lab Syllabus



## Course Expectations and Requirements:

This syllabus describes educational expectations for completing 600 Lab as a part of the PCC Pathway. If you have questions, please contact Amy Glazer ([amy@coachnet.org](mailto:amy@coachnet.org)/330.936.3768).

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## Basic Information:

- 600 Lab
- Online

## Number of Coach Specific Training Hours:

- 8 x 60 minute class sessions (online).
- CoachNet uses a system called Zoom Meeting for our online training. You can access it through the Zoom Meeting app, or through your browser. You can acquire the link through [www.coachnet.org](http://www.coachnet.org) located in My Courses.
- Feedback forms for each coaching session (submitted for review).

## Prerequisites for 600 Advanced Lab:

- 60+ hours of coach training
- 60 hours of coaching experience

## Instructor's Name:

Jonathan Reitz, MCC  
[jonathan@coachnet.org](mailto:jonathan@coachnet.org)  
440.550.4374

## Contacting the CoachNet Team:

Amy Glazer, PCC  
Student Connection Team Lead  
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330.936.3768

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## Website Description:

In this 8 session course, you'll work on advanced coaching skills under the observance of a credentialed ICF coach. Each participant will both coach and be coached during the course of the 8 sessions.

Each session will begin with a short teaching on a high level application of one of the 8 ICF Core Competencies. You'll then coach one of the other participants and will receive immediate feedback both your instructor and your co-participants.

You'll leave this class with an action plan for developing your own coaching AND have listened to enough coaching that you'll begin to identify both strong and weak moments in your own coaching as they happen! All written feedback is offered by CoachNet trainers who have at least a Professional Certified Coach (PCC) credential in the International Coach Federation (ICF).

**Prerequisites:** 200 Lab or its equivalent is required before taking this course. You also must have at least 60 hours of coaching experience and 60 or more hours of coach specific training.

- This course focuses on all 8 ICF Core Coaching Competencies
- Limited to a MAXIMUM of 8 participants
- 8 - 60 minute sessions
- 8 coach-specific training hours
- Wednesdays from 2:30-3:30pm EST of Thursdays from 2:30-3:30pm EST

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## **Course Objectives:**

The objectives for this course are:

- Practice (with feedback)
- Experience the ICF Core Competencies and Code of Ethics
- Conduct formal and informal coaching conversations and begin to understand formal coaching relationships

## **Required Student Resources:**

To successfully complete 600 Advanced Lab you will need:

- A reliable internet connection
- A reliable telephone
- A copy of the 600 Advanced Lab Participant's Sessions Guide
- An email address
- Word processing software to submit final assignments in Microsoft Word format

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## Course Schedule/Outline/Calendar of Events:

600 Advanced Lab follows one of two formats: online for 8 - 60 minute sessions, online for 4 - 120 minutes sessions. Both formats include follow up assignments. 600 Advanced Lab begins online 2-3 times per year on average.

### Course Outline:

Session	Pre-Work	Class Focus	Follow Up Assignment
1	Choose coaching topic/prepare to coach.	ICF Core Competencies	Send feedback form to coach and instructor.
2	Choose coaching topic/prepare to coach.	Setting the Foundation	Send feedback form to coach and instructor.
3	Choose coaching topic/prepare to coach.	Establishing The Coaching Agreement	Send feedback form to coach and instructor.
4	Choose coaching topic/prepare to coach.	Listens Actively	Send feedback form to coach and instructor.
5	Choose coaching topic/prepare to coach.	Powerful Questioning	Send feedback form to coach and instructor.
6	Choose coaching topic/prepare to coach.	Coaching Presence	Send feedback form to coach and instructor.
7	Choose coaching topic/prepare to coach.	Ethical Practices	Send feedback form to coach and instructor.
8	Choose coaching topic/prepare to coach.	Insight Into Action	Send feedback form to coach and instructor.

All assignments must be submitted to the Instructor within 30 days of the final class.

## Criteria for Grading:

600 Advanced Lab is conducted on a pass/fail basis.

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You will pass 600 Advanced Lab if:

- You attend the required 75% of live course sessions and participate in class discussions
- You listen to the recordings of missed session
- You submit your feedback forms to other participants and the instructor demonstrating comprehension and application of the material

### **Suggested Bibliography:**

Reitz, Jonathan. Coaching Hacks. Cleveland, OH CoachNet Global LLC. 2017

Ogne, Steven L. & Roehl, Tim. Transformissional Coaching: Empowering Leaders in a Changing Ministry World. Nashville, TN B&H Publishing Group. 2008.

Reitz, Jonathan. A Theology of Coaching. Cleveland, OH CoachNet Global LLC. 2014

Whitmore, John. Coaching for Performance. Hoboken, NJ Pfeiffer & Company. 1992.

Whitworth, Laura; Kimsey-House, Henry; and Sandahl, Phil. Co-Active Coaching. Boston, MA. Nicholas Brealey Publishing, 3rd Edition 2011.

### **First Taught:**

- January 2014 in original format
- August 2016 in current format

### **Syllabi on Learning Platform:**

- The downloadable syllabi presented on [www.coachnet.org](http://www.coachnet.org) shall contain the date of last update.