



## **500 Arc**



**500 Arc is the first required course in CoachNet's PCC Pathway, amplifying your skills toward an advanced International Coaching Federation credential.**

- In this 20-hour training opportunity, you will explore the four sub-cores of an effective coaching relationship. You'll understand how the coach's inner monologue changes through the various phases of the coaching relationship as the client builds clarity and moves toward their goals.
- 500 Arc includes two live triads for practice coaching and written feedback from your instructor.
- You will complete 500 Arc with some short writing assignments and a final recorded triad that is scored against the PCC Markers used in the International Coach Federation credentialing process. Includes Performance Evaluation according to ICF Standards.
- Wednesdays from Noon-2pm EST or Thursdays from 4-6pm EST.
- 20 hours of coach specific training.
- Prerequisites: To take course at the 500 level or above, you should meet the following pre-requisites: Complete 60 or more hours of coach training, this course is designed for the credentialed coach, have 60 or more hours of coaching experience.

Training Language: English

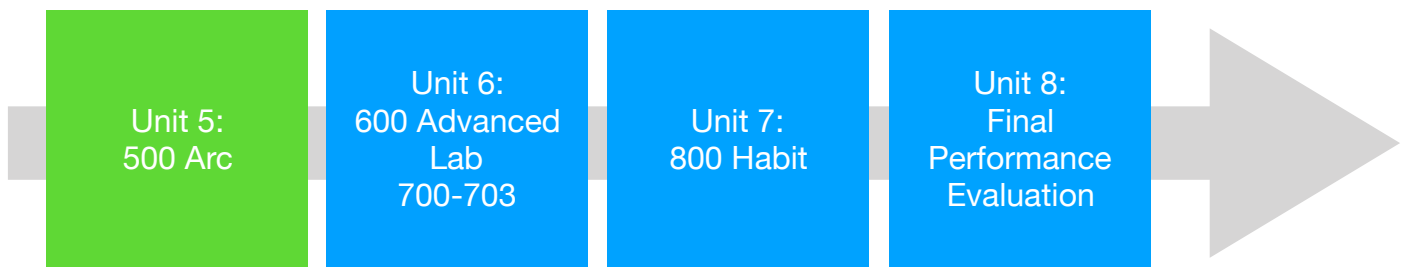
Instructor: Dave Brunelle, ACC

Contact Dave at [dave@rockcle.org](mailto:dave@rockcle.org) or 216.224.7625 for more information.

**500 Arc is delivered online through Zoom in an interactive classroom model.**

**Class Website:** <https://www.coachnet.org/500details/>

**Cost: \$997.00, if taken individually. Also included in the PCC Pathway.**



500 Arc is a part of the **PCC Pathway, Unit 5**. Amplify your skills with repeatable processes for single coaching conversations all the way to mapping out entire relationships and developing solid coaching habits. With the ACC Pathway, it takes you to a PCC Credential.