



Integrated Coach Training  
CoachNet Global LLC  
703 Effective Relationship  
Current as of October 2020

## 703 Establishing An Effective Coaching Relationship Syllabus



### Course Expectations and Requirements:

This syllabus describes educational expectations for completing 703 Establishing An Effective Coaching Relationship as a part of the Amplified PCC Pathway. If you have questions, please contact Amy Glazer ([amy@coachnet.org](mailto:amy@coachnet.org)/330.936.3768).

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## Basic Information:

- 703 Establishing An Effective Coaching Relationship
- Online

## Number of Coach Specific Training Hours:

- 4 x 60 minute class sessions (online) or 2 x 120 Turbo
- CoachNet uses a system called Zoom Meeting for our online training. You can access it through the Zoom Meeting app, or through your browser. You can acquire the link through [www.coachnet.org](http://www.coachnet.org) under My Courses
- One writing assignment (submitted for review by instructor)
- 4 coach-specific training hours

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## Instructor's Name:

Dave Brunelle, PCC  
[dave@rockcle.org](mailto:dave@rockcle.org)  
216.224.7625

## Contacting the CoachNet Team:

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Student Connection Team Lead  
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330.936.3768

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## **Website Description:**

The ceiling for a coaching relationship is often set in the first session or two. High impact coaches build trust, rapport and healthy boundaries that set their coaching relationships up for maximum success. The 4 session course explores what it takes to connect with your client in ways that ensure your relationship is effective.

You'll discover what relational foundation is most effective, how to draw out the client's deepest purpose, establish the coaching agreement and to work with your client toward their outcomes. This course will help ensure your coaching relationships start fast and go deep.

This course covers the following ICF Core Competencies:

#3 Establishes and Maintains Agreements

#4 Cultivates Trust and Safety

#5 Maintains Presence

#8 Facilitates Client Growth

## **Course Objectives:**

The objectives for this course are:

- Understand the full coach development arc as CoachNet applies it
- Equip yourself with a basic skill set for informal & formal coaching
- Practice (with feedback)
- Experience the ICF Core Competencies and Code of Ethics
- Conduct formal and informal coaching conversations to begin to understand formal coaching relationships

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## Required Student Resources:

To successfully complete 703 Establishing An Effective Coaching Relationship you will need:

- A reliable internet connection
- A reliable telephone
- A copy of the 703 Establishing An Effective Coaching Relationship Participant's Sessions Guide
- An email address
- Word processing software to submit final assignments in Microsoft Word format

## Course Schedule/Outline/Calendar of Events:

703 Establishing An Effective Coaching Relationship follows one of two formats: online for 4 - 60 minute sessions, online for 2 x 120 minute sessions. Both formats include follow up assignments.

703 Establishing An Effective Coaching Relationship begins online 3-5 times per year on average.

### Course Outline:

Session	Class Focus	Follow Up Assignment
1	Ensuring Effectiveness	
2	Permission and the Coaching Agreement	
3	How to Build a Coaching Relationship	
4	Best Practices for Starting Well	Journal Assignment (15-45 Minutes)

All assignments must be submitted to the Instructor within 30 days of the final class.

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## Criteria for Grading:

703 Establishing An Effective Coaching Relationship is conducted on a pass/fail basis.

You will pass 703 Establishing An Effective Coaching Relationship if:

- You attend the required 75% of live course sessions and participate in class discussions
- You listen to the recordings of missed session
- You submit your writing assignments demonstrating comprehension and application of the material

## Suggested Bibliography:

Reitz, Jonathan. Coaching Hacks. Cleveland, OH CoachNet Global LLC. 2017

Ogne, Steven L. & Roehl, Tim. Transformissional Coaching: Empowering Leaders in a Changing Ministry World. Nashville, TN B&H Publishing Group. 2008.

Reitz, Jonathan. A Theology of Coaching. Cleveland, OH CoachNet Global LLC. 2014

Whitmore, John. Coaching for Performance. Hoboken, NJ Pfeiffer & Company. 1992.

Whitworth, Laura; Kimsey-House, Henry; and Sandahl, Phil. Co-Active Coaching. Boston, MA. Nicholas Brealey Publishing, 3rd Edition 2011.

## First Taught:

- January 2013

## Syllabi on Learning Platform:

- The downloadable syllabi presented on [coachnet.org](http://coachnet.org) shall contain the date of last update.