



## **800 Habit**

**Coaches are fully committed to the success, growth and effectiveness of their clients. Most coach training focuses on what happens during the actual coaching conversation, but masterful coaching starts long before the conversation begins. In this 20 hour training, you'll look at a lifestyle of coaching and develop repeatable behavior patterns that move your coaching toward mastery. How can you leverage what you do first thing in the morning to make your coaching more effective in the afternoon? That's what 800 Habit is designed to accomplish. Includes Performance Evaluation according to ICF Standards.**

- This course covers all 8 ICF Core Competencies.
- 800 Habit also includes 4 triads for practice coaching and written feedback from your instructor.
- Class is offered on Wednesdays or Thursdays from Noon-2pm, 4-6pm, 7-9pm EST.
- 8 -120 minute sessions with follow up writing and practice triads.
- 20 coach-specific training hours.
- Prerequisites: To take courses at the 500 level or above, you should meet the following prerequisites: Complete 60+ hours of coach training and 60+ hours of coaching experience.

Training Language: English

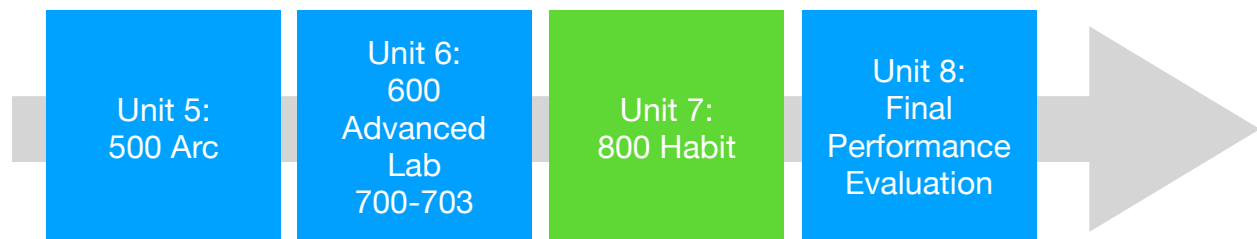
Instructor: John Mocko, PCC

Contact John at [john@coachnet.org](mailto:john@coachnet.org) or 336.596.4517 for more information.

**800 Habit is delivered online through Zoom in an interactive classroom model.**

**Class Website: <https://www.coachnet.org/800details/>**

**Cost: \$1097.00, if taken individually. Also included in the PCC Pathway.**



800 Habit is a part of the **PCC Pathway, Unit 7**. Amplify your skills with repeatable processes for single coaching conversations all the way to mapping out entire relationships and developing solid coaching habits. With the ACC Pathway, it takes you to a PCC Credential.